

Physical Activity Task Force

**Meeting Minutes
May 10, 2017 at CCCHD**

Task Force Members Present: Sarah Pol, Anita Biles

I. CATCH Updates

- a. We have programming in Lincoln and Fulton each week
- b. Heights and Weights collection will take place on Friday May 12th at Lincoln, Fulton and Perrin Wood Elementary
 - i. This will be our first data set to evaluate the program.
- c. During our next meeting we will review task force goals and use our data set to evaluate and adjust our goals accordingly
- d. We have been unable to implement programming in Perrin Woods. We will aim for the programming to begin in the fall.

II. Monday May 15th Perrin Wood Field Day

- a. We will have a station set up that will include water, first aid, an education spinning wheel and a physical activity game
- b. Event timeline will be
 - i. 8:30-8:45 Volunteer Meeting
 - ii. 8:45-12:00 K-3 grades
 - iii. 12-12:30 lunch
 - iv. 12:30-2:30 3-6 grades
- c. There will be multiple stations the students will rotate through spending about 15 minutes at each station.

Next Meeting will be:

June 14th, 2017

10am

At National Parks and Trails

