

What is Crypto?

Clark County
Combined
Health District

Cryptosporidium, known as "Crypto" is a microscopic parasite that causes diarrhea

Source of Infection

Crypto cannot be spread through cough or sneeze. It may be found in soil, food, water, or surfaces that have been contaminated with the feces from infected humans or animals.

Symptoms

Watery diarrhea, stomach cramps or pain, dehydration, nausea, vomiting, fever, and weight loss.

Although symptoms typically last about 1 to 2 weeks, an individual can be contagious for several weeks after symptoms stop.

Prevention and Control

Wash hands with soap and warm water for at least 30 seconds before and after preparing or eating food, using the toilet, changing diapers, and handling livestock.

Disinfect surfaces and objects especially those in bathrooms, diaper changing and food preparation areas by soaking them with 3% hydrogen peroxide solution for 20 minutes and then rinse thoroughly with warm water.

Clothing may be washed and heat-dried on the highest setting for 30 minutes. Dishwasher safe items should be washed and dried on a high-heat setting.

Actions to Take

If you or a family member are experiencing any of these symptoms please call the Clark County Combined Health District at **(937)390-5600** and follow prompt for public health emergency.

