

# Tobacco Free Lifestyle Task Force

## Meeting Minutes

**September 20, 2018**

Task force members present: Christina Conover, Melissa Dadaian, Emma Smales, Andrea Flores, Elle Evans

### **I. Impact Objectives**

- a. There was discussion amongst group about how we can align impact objectives with both grant work and community needs. We need to get other members in attendance and speaking about what they are passionate about, so that the task force is beneficial for a wider group.

### **II. Increasing Attendance**

- a. Discussion of when/ where are good times to get people to come to the Task Force.
- b. Perhaps we should set meetings quarterly, perhaps in the doctors' meeting rooms to make it easier for the busiest among us to attend. Buy in from a physician will help get people in the door.
- c. Have meetings in early morning or later at night for the busy physicians as well. Elle suggested rotating meetings between members or host outdoor. Ways to make meetings more interesting and fun as motivation to attend.

### **III. Tobacco 21**

- a. We discussed updates to the Tobacco Task Force regarding Tobacco 21, how to keep it updated as we work through and progress is made. Also discussed completing the half year review for Tina, and how everyone must change dates as it is updated and initial. Clarification on impact objective and how to keep documentation updated.
- b. Christina mentioned that it would be potentially helpful to pass T21 if it included vaping, smokeless, tobacco, etc. to get local communities involved in passing the ordinance. Elle explained that we need to figure out jurisdiction and it would potentially help us a lot.

### **IV. Cessation Services and Planning**

- a. Andrea told us that there were several people interested in cessation at Hugh Taylor when she was there for a health fair, and Marcy Ivory offered to run a class for cessation at their facility. Elle told us that we have money budgeted from the Creating Healthy Communities grant to support Marcy; her time for sure, maybe NRT for the participants.
- b. Elle told us that Alvin with Mercy Reach (a Certified Tobacco Treatment Specialist) is willing to run a support group in partnership with CCCHD. He is not allowed to host the support group on Mercy property in any way.
- c. Christina brought up the Mommy and Me Smoke Free program at CCCHD, and how we can involve them with a support group, improve the follow up with their program. We discussed having a meeting at the WIC building, including Lori and Natalie in the discussion.
- d. Elle brought up DJFS and thinking about partnering with them to work with parents in the system and helping them with cessation regarding SHS, asthma with their children.



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