



Meeting Highlights and Action Plan

Topic	Key Points	Action Items <i>Including Responsible Party/Timeline if applicable</i>
Introduction	<ul style="list-style-type: none"> Everyone introduced themselves, what agency they are from and what they thought about the meeting 	
Present and discuss data	<ul style="list-style-type: none"> The group looked at all the data related to physical activity provided by CHA A lot of data for children not a lot for adult age group, would like to gather more to evaluate this area better. Look at YRBS data on PA specifically. Discussed our concern with the lack of activity in young people but basing that on increase in electronics, not feeling safe in neighborhoods, parents working and unable to supervise 	<ul style="list-style-type: none"> Anita will follow-up with Gabe to get additional data the group wanted as it relates to Adult physical activity data
Identified areas of concern	<ul style="list-style-type: none"> Limited physical activity opportunities in school Many kids play video games too long and disrupts sleep pattern Numerous after school activities and travel leagues Parents lack information of what is offered and low cost Social media uses much of students time 	
3 areas to improve	<ul style="list-style-type: none"> Physical Activity opportunities during the school day Communication to parents and students about what is being offered in the community Better way to promote the amenities that we do have 	<ul style="list-style-type: none"> Consider a survey within the school system or pull the data they already have or activities used in the past.
Next Meeting: February 23 rd @NTPRD		