



Meeting Highlights and Action Plan

Agenda Item/ Topic	Key Points	Action Items	Responsible Party/ Timeline
Members Present	S. Reed, A. Perez, J. Elder, S. Dahlinghaus, S. Torres, H. Moor-Ali, C. Young		
Group definition of “Health” and “Healthy Community”	<ul style="list-style-type: none"> S. Dahlinghaus explained that for the CHIP process, the group will need to discuss its own definition of “health” and “healthy community”. Health – understanding proper nutrition. Infusing nutrition into daily life. Hitting individuals at every level with hands on experience. Facilitating community/opportunities that allow for that type of learning. Utilizing policy and legislation for healthy change. Healthy Community – visible options for fresh produce. Physical activity outlets. Some bad habits are a reflection of the home environment, parenting, safety, family engagement, etc. Every neighborhood needs a location for children to play safely. Awareness of options. Returning to small, family owned stores with fresh produce. Utilizing education at every level – youth, teens, young adults, adults, elderly.... 	C. Young recommended researching Jamie Oliver – a chef who uses school budgets to prepare healthy, fresh lunches with the help of young students.	
Work Plan – Access	<ul style="list-style-type: none"> The group began discussion the work plans that align with each goal. For the access goal – we need stores to commit to participating in the Good Food Here initiative. S. Dahlinghaus has completed some outreach and will follow up with those stores C. Young suggested reaching out to stores that used to have store fronts and others: Speedway, WR Hackett, GFS 	<p>Meetings with store owners/managers</p> <p>Follow up with previously contacted stores</p>	<p>All</p> <p>S. Dahlinghaus</p>
Work Plan – Community Engagement	<ul style="list-style-type: none"> The group began discussing the community needs survey, which will be distributed at social service agencies to gather additional information Survey questions: 1) What street do you live on (for geographical data purposes), 2) how many people live in your house? 3) What influences your food purchases 4) What do you typically grocery shop 4) are you interested in healthy options 5) is there anything that prohibits you from purchasing healthier foods 6) do you have the option to save food (IE freezing excess) 7) Do you have enough food for the month 8) Do you have in your home: fridge, microwave, toaster, stove, oven 	<p>Compile questions and review for bias</p> <p>Distribute to task force members for review</p>	<p>S. Dahlinghaus</p> <p>S. Dahlinghaus/All</p>