

Task Force/Date Initiative: Physical Activity Task Force/June 2016

| Impact Objective: Improve communication of community activities to children and families of Promise Neighborhoods | | | | | |
|--|--------------------|---|-----------------------|--|--|
| SMART Objective: By March 2019, the Physical Activity task force will streamline communication on events and activities to families of 2 nd graders in Promise Neighborhoods, as evidenced by quarterly email and flyers distributed related to activities. | | | | | |
| Evaluation: Based on the number of materials distributed. Based on the # of calls requesting information by 211 and participation level at events. | | | | | |
| Process Objectives | Related Activities | Person/Agency Responsible | Specific Dates | Evaluation Measures | Notes |
| <p>Create an outline of tasks that need to be complete to reach the goal?</p> <p>a) how do we complete these tasks?</p> | | Who is responsible for each activity? | What is our timeline? | How will we know we've completed each task? | Keep track of progress and any other notes here. |
| <p>1. Engage Perrin Woods; Lincoln and Fulton Promise Neighborhoods to work with the task force:</p> <p>a. Meet with Chis Sanchez at Springfield City Schools to get support.</p> <p>b. Meet with elementary 2nd grade teachers and PE teachers to plan for the upcoming year.</p> <p>c. Prepare material to give to staff about data and community needs.</p> <p>d. divide task force into 3 groups to cover each school.</p> | | Anita Task Force Anita | June- October 2016 | Meeting Sign In/ Minutes | |
| <p>2. Create a packet of information to be distributed to 2nd grade students.</p> <p>a. Create a quarterly calendar of communities activities</p> <p>b. Collect flyers of upcoming events for the packet</p> <p>c. pack all handouts into NTPR booklet to deliver to schools</p> <p>d. Ensure that all information is given to 211 Information and Referral for assistance.</p> | | Anita and Task Force Task Force Task Force Anita | July – August 2016 | Based on the number of packets distributed. Based on the number of calls to 211 | |

Task Force/Date Initiative: Physical Activity Task Force/June 2016

| Impact Objective: Increase daily physical activity in 2 nd grade classrooms at Perrin Woods, Fulton and Lincoln Elementary | | | | | |
|--|--------------------|--|-----------------------|---|--|
| SMART Objective: By March 2019, the Physical Activity task force will see an increase in physical activity daily in 2 nd grade classrooms within Promise Neighborhoods as evidenced by the implementation of one evidenced based physical activity programs. | | | | | |
| Evaluation: Based on the students BMI outcomes and student participation attendance. | | | | | |
| Process Objectives | Related Activities | Person/Agency Responsible | Specific Dates | Evaluation Measures | Notes |
| Create an outline of tasks that need to be complete to reach the goal? b) how do we complete these tasks? | | Who is responsible for each activity? | What is our timeline? | How will we know we've completed each task? | Keep track of progress and any other notes here. |
| 1. Engage with teachers at Perrin Woods, Lincoln and Fulton Elementary to plan best activities for classroom movement. a. Task force will provide 2 options to teachers including Go Noodle and Brain Busters.com b. Discuss with staff a reasonable goal to set per classroom. c. Task Force will create a format to track monthly activity to keep students engaged | | Task Force Task Force Task Force | August – Oct. 2016 | Meeting minutes | |
| 2. Task force will conduct BMI on each student with permission in September and May to measure outcomes. a. Task force will create a school approved letter and permission slip to go home explaining BMI. b. Task force will schedule time with classroom to go in and collect heights and weights. c. The data will be collected and compared to identify goals met. | | Anita Biles Task Force Anita Biles | Sept. and May 2016 | Based on BMI changes from Sept. to May | |

Task Force/Date Initiative: Physical Activity Task Force/June 2016

| Impact Objective: Increase parent participation with physical activity opportunities within Promise Neighborhood schools. | | | | | |
|--|---|---|-----------------------|---|--|
| SMART Objective: By March 2019, the Physical Activity task force will see an increase in physical activity within 2nd grade families as evidenced by implementing three small community based support groups. | | | | | |
| Evaluation: Based on attendance of events, photos and testimony of families | | | | | |
| Process Objectives | Related Activities | Person/Agency Responsible | Specific Dates | Evaluation Measures | Notes |
| <p>Create an outline of tasks that need to be complete to reach the goal?</p> <p>c) how do we complete these tasks?</p> | | Who is responsible for each activity? | What is our timeline? | How will we know we've completed each task? | Keep track of progress and any other notes here. |
| | <p>1. Work with staff of 2nd Grade to plan opportunities of parent engagement</p> <p>a. Obtain a list of Parent teacher conferences to meet with parents.</p> <p>b. Meet with Promise Neighborhood staff to get feedback and ways to meet with parents.</p> | <p>Task Force</p> <p>Task Force</p> | August – Oct. 2016 | Meeting minutes | |
| | <p>2. Determine activities and incentives for parents to engage in physical activities with their child and other families.</p> <p>a. Meet with parents during events and identify interest that would encourage physical activity.</p> <p>b. Introduce parents of the same class to each other.</p> <p>c. Provide/Communicate opportunities to parents about community events and activities that are free or low cost.</p> | <p>Task Force</p> <p>Task Force</p> <p>Task Force</p> | Sept. 16- May 2017 | Meeting minutes, pictures and attendance of events. | |