



**Meeting Highlights and Action Plan**

Topic	Key Points	Action Items <i>Including Responsible Party/Timeline if applicable</i>
<p><b>Gatekeeper</b></p>	<ul style="list-style-type: none"> <li>• Sandy distributed copies of Dr. Marsh’s reported suicide numbers for 2015 to date.</li> <li>• Greta brought in example materials from the Department of Veterans Affairs and National suicide prevention. The group used pieces from each to create the following for the gatekeeper reference card:               <ul style="list-style-type: none"> <li>• <b>Listen &amp; Look</b> <ul style="list-style-type: none"> <li>✓ Threatening to hurt or kill self</li> <li>✓ Looking for ways to kill self</li> <li>✓ Seeking access to pills, weapons or other means</li> <li>✓ Talking or writing about death, dying or suicide</li> <li>✓ Dramatic mood changes or withdrawal</li> </ul> </li> <li>• <b>Ask the person directly:</b> <ul style="list-style-type: none"> <li>✓ Are you thinking about killing yourself?</li> <li>✓ Have you ever tried to hurt yourself before?</li> <li>✓ Do you think you might try to hurt your self today?</li> <li>✓ Have you thought of ways that you might hurt yourself?</li> <li>✓ Do you have pills, weapons, or other lethal means with you?</li> </ul> </li> <li>• <b>If yes, Act: say “I’m going to get you some help”:</b> <ol style="list-style-type: none"> <li>1. Where would you like to go for help?                   <ol style="list-style-type: none"> <li>i. Refer to ER, 911 or Emergency Services at Mental Health 937-399-9500, 474 Yellow Springs St. Springfield, OH. 45504 National Lifeline 1-800-273-TALK (8255)</li> </ol> </li> <li>2. Who could we call to be with you?</li> <li>3. Stay with the person and limit access to identified means</li> <li>4. Say, “I’m going to stay with you until _____”</li> <li>5. Assist with transportation to get professional care.</li> <li>6. Give Gatekeeper card to person/caregiver and send referral email.</li> </ol> </li> </ul> </li> <li>• Gatekeeper training is available and can be modified to a 30 minute-1 hour time frame.</li> </ul>	<ul style="list-style-type: none"> <li>➤ Greta will print out the gatekeeper wallet size cards.</li> <li>➤ Save the date for Question Persuade Refer Gatekeeper Trainer Certification Course on October 21,2016 located at Greene County ESC</li> <li>➤ Tracking of gatekeeper referrals? Maybe gatekeeper can send an email if client doesn’t go the MHS. Need to set up a central email address.</li> <li>➤ Nick will work on a list for potential gatekeepers.</li> <li>➤ Sue will work with her intake staff to develop a code for tracking Gatekeeper referrals in their system.</li> </ul>
<p><b>Task for the Adult Mental Health Task Force</b></p>	<ol style="list-style-type: none"> <li>1. Make a list of needs and assets</li> <li>2. Reference for evidence base practice</li> </ol>	<p>This task comes from CAP Group will formulate a list soon</p>

<b>PAX - GBG</b>	<ul style="list-style-type: none"><li>• Leslie will be sending out the number of trainers and funding, how many classrooms.</li><li>• Nick will meet with Dawn and Jake. Nick stated he now has a better understanding of PAX than he did before.</li><li>• Fidelity is growing in schools by 60%. Meeting all the basics in the classroom.</li><li>• The language is universal for this program. That's why it's important to get more teachers on board. They want to increase their contact.<ul style="list-style-type: none"><li>• City schools are using a behavior tracking system. Why are they not using SWISS Data?</li></ul></li></ul>	More information to come at the next youth meeting.
<b>Next Meeting:</b> Next meeting August 17 <sup>th</sup> @ 3:00pm in the main conference room.		