

Meeting Highlights and Action Plan

Topic	Key Points	Action Items <i>Including Responsible Party/Timeline if applicable</i>
Welcome and Introductions	<ul style="list-style-type: none"> • Carey McKee called the meeting to order, welcomed members and initiated introductions. 	
Approval of Minutes	<ul style="list-style-type: none"> • Motion to approve August 23, 2019, minutes without change was made by David Cotto; the motion was seconded by Mike Cooper. All in favor, motion carried. 	
Sector/Community Member Discussion	<ul style="list-style-type: none"> • Carey McKee: <ul style="list-style-type: none"> A. Where do we as a Coalition go next? B. Carey revisited mission statement: The Clark County Substance Abuse Prevention, Treatment, and Support Coalition fights to prevent drug and alcohol addiction in Clark County by working collectively to provide resources and hope for youth and adults in our community. C. Carey: The coalition is no longer meeting the demands of grants and we no longer are required to be opioid specific, but the coalition needs to continue the works that are in progress, Treatment, Recovery, and Harm Reduction, to continue to keep the number of overdoses down. D. Need to expand Reducing Supply, Prevention and Recovery focuses. These will be the backbone to stopping addiction before it starts. E. CHA data handout in relation to Substance Abuse Coalition. <ul style="list-style-type: none"> 1. How does employment, poverty, violence, free and reduced lunch as well as other social determinants/inequities factor into substance abuse and addiction? 2. Data shows that there is a direct correlation between trauma and social determinants and substance abuse/addiction. F. The Substance Abuse Coalition has agreements with and contacts with other agencies with insight into other perspectives on substance abuse/addiction. • Carey McKee provided School Sector update for Sherry Akers: <ul style="list-style-type: none"> A. Assessing the dropout rate and the relationship with substance abuse/addiction and trauma. B. Schools are seeing a lot of mental health and trauma related issues, some of which stem from poverty and drug use and/or loss of family members in the home. C. Impact of Mental Health and Trauma factors in the development of undesirable coping skills. Life is very stressful for these students. D. Schools are initiating programs such as Mindful Minutes, Yoga, other mindful activities such as coloring, Reading breaks, and Meditative breaks to reduce the stress of trauma in students. Looking into other activities as well. If anyone has yoga mats or other materials and would like to donate them it would be much appreciated. Are looking to also add other outlets for kids to feel they belong, i.e. board games, dance class, art therapy. 	

E. Shawnee is looking at administering the ACE assessment to all their students

F. Messaging: It is "OK not to be OK".

- **Health Leadership Committee:**

- A. Developing strategy

- B. Looking at Potential Cross-Cutting Strategies

- C. Eco system needs change

- **Shaun Miley, Probation:**

- A. Probation caseload consists of a large number of individuals who are on MAT.

- B. There is often family history of substance abuse/addiction and trauma, such as abuse, neglect, loss of parent to overdose as examples.

- C. 75 to 100% have had no role model. No parents available to them or lack of parental interest, bounced around in the system or from relative to relative, grandparents trying but too old to be involved, allowed to use by parents at very young ages.

- D. How can these individuals be helped to function in society and our community:

- 1. Provide places where they can socialize. Also involvement in social activities promotes physical wellness and mental stability.

- 2. Need prevention initiatives for both those in recovery and for school children to promote normalcy, i.e., after school programs, mentoring, clothing to promote self-esteem. Support Programs that are currently in place:

- a. Big Brothers/Big Sisters

- b. Springfield City Youth Mission (SCYM) – in Springfield City Schools, transportation available to increase accessibility. SCYM is a mentoring program: Girl Power/Men Power, based on entrepreneurial skills.

- c. Chris Wallace: Mentoring African Americans program

- d. Romona Henry: FAST program, parenting skills, how to have fun with kids.

- e. Cynthia Atwater: Children Defense Fund.

- f. Grief counseling at Rocking Horse Center for children.

- g. School based programs focused on mental health.

- 3. Support needs include:

- a. Finding better methods to connect youth to the available programs and to increasing participation.

- b. Advocacy: Education is needed to break the cycle of generational poverty, social isolation, and lack of normalcy. Education needs to include teaching basics skills such as cooking, balancing a checkbook, making a budget. Should schools bring back Home Economics?

- c. Need to take services to where youth are in their neighborhoods

- d. Social Normalcy: mentoring to break generational life styles.

- e. More involvement in these programs by community volunteers.

- f. Wellspring has a meeting coming up on November 7, 2019, 7:30-9:00 AM, breakfast included: Carolyn Young to send information to group. Opportunity to discuss future advocacy and involvement.

- 4. Referrals to the Central Community Center.

- 5. Need more Peer Support Specialists:

- a. Clark State now offers a Peer Support Specialist program

- b. Need funding in order to have Peer Support Specialists in all the locations where they can be of benefit, i.e. employers, schools, low income housing office (offer camps at location of housing, within the individuals

environment.)

- **CHA Steering Committee Focuses:**
 - A. **Carolyn Young:**
 1. **Coalition on Housing: Study shows insufficient and subpar housing**
 2. **Coalition is trying to engage ownership in neighborhoods. We need to approach the individuals with authenticity to invite their input into their neighborhood needs, thus increasing buy in and ownership.**
 3. **Advocacy for prevention of generational poverty.**
 4. **Youth Life Skills**
 5. **Offering services to youth in their own neighborhood.**
 - B. **Dr. Estrop:**
 1. **Current housing problem is unacceptable and currently a top priority.**
 2. **A vacant property register has been developed**
 - a. **There are currently 629 vacant properties in Springfield**
 - b. **Post office estimates that the number is closer to 4000 vacant, but most are owned**
 - c. **The city will be addressing this with the owners and fines and fees may be accessed.**
 3. **The area of Pleasant Street to the north, Perrin Ave to the south, Limestone to the east and Center Street to the west has been earmarked for redevelopment.**
 - a. **Urban Fast Forward has been hired for this project.**
 - b. **Want to engage the community. This effort is also generating a lot of data on what the community wants.**
 - c. **Tentative plan has been submitted this past week.**
 - d. **Small pocket parks are planned for where there are now vacant properties.**
 - **Elementary schools have sufficient areas to create park and sports space for children to easily access. Placing these in their neighborhoods is more inviting, not dependent on transportation or cost limitations. We need to approach the schools to discuss; cost to develop should be minimal.**
 - e. **Just starting this work, final report due in the next month or two.**
 - f. **Business community has been very focused on downtown redevelopment but now need to expand their focus.**
- **Dave Cotto:**
 - A. **Church Community has determined from church group meetings that some of the most significant concerns or this sector of our community are: Vaping, Bullying and Shootings.**
 - B. **Community efforts supported or initiated by the faith based include:**
 1. **SCYM as mentioned earlier.**
 2. **Sunshine Club. Largest focus is on 4th, 5th, and 6th grade, but does include some 1st, 2nd and 3rd grade groups. Need volunteers, any suggestions for avenues to increase awareness of this need would be appreciated.**
 - a. **High School Students as mentors? Local college students as mentors?**
 3. **Transportation fees are covered by Community Chest through Promise Neighborhood.**
 - a. **Could there be a way to expand on this on a community wide basis?**
 4. **Hoops for Hope – mobile basketball unit, goes neighborhood to neighborhood.**

	<p>a. Could easily be expanded. Time investment is needed to recruit other ministers to help facilitate expansion, i.e. Latino and Haitian populations.</p> <ul style="list-style-type: none"> • Dina Rulli-Heaphey, Youth Prevention: <ul style="list-style-type: none"> A. Springfield High School Action Youth just held their first advertised meeting and had four new students join them. One of the new attendees is very interested in the Ohio Youth Council. B. The group is planning on hold their first event after the holidays. C. Champaign County requested that Mercy provide vaping education in the schools and now they are interested in expanding to Clark County. <ol style="list-style-type: none"> 1. Highest risk vaping is of marijuana. The vitamin E component, an oily substance, coats the lungs and the individual cannot breathe. This is causing more death and pneumonias. 2. In the past 30 days national stats on nationwide deaths due to vaping have gone from 6 to 60. 3. No deaths have been reported in Ohio yet. 4. Tobacco grant is being instrumental in funding for vaping education. 5. Additional monies are needed. 6. There may be a need to form a Vaping Task Force in the future. • JJ Peck, Peer Support Specialist: <ul style="list-style-type: none"> A. There is a lack of understanding but no one is willing to admit to. Understanding is based on life experiences and when these experiences are worlds apart the perception of barriers and references for resolutions frequently do not align with the true needs or feasible solutions. B. What is the target? The individual: child or adult, the community: housing, safe areas for children, etc. What are we really affecting with our efforts? C. Barriers: Barriers often come as a result of conflicting expectations, i.e. schools encourage parents to participate in their child’s activities but those with a felony drug charge are not allowed on school property. D. Imagery: Imagery in areas of the community cause a lack of self-esteem, feelings of being less safe, perception as being less of a good person, and encourages “living down to the expectations. Example of the negative imagery include: abundance of cameras, safety personnel and bars on doors and windows. When these occur in only part of a community or more abundantly in an area it leaves a negative image. 	
Death Prevention & Treatment	<ul style="list-style-type: none"> • Project DAWN - Narcan Kits, Kelly Binegar – 937-328-5300 ext.109, kbinegar@mckinleyhall.org 	
Coalition Agencies Events:	<ul style="list-style-type: none"> • Please e-mail events/requests for next month’s agenda to: cmckee@mckinleyhall.org • Drug Take Back Day: Saturday, October 26, 10a.m. -2p.m. @ Johnny Lytle Substation • Red Ribbon Week – Shawnee STARTS, Oct 23-30 • Clifton Church of God, warm coat give away. Starts at 10:00 AM. Carey will reach out to community for support. • Central Community Center, warm coat giveaway, October 29, 5:30 to 7:00 PM 	
Discussion/Other	<ul style="list-style-type: none"> • Drug Prevention Week: Wednesday, October 23 through Wednesday, October 30, 2019 	
Close	<ul style="list-style-type: none"> • Motion to close the meeting was made by Dave Estrop; seconded by JJ Peck. All in favor, motion carried. 	
Submitted by:	<ul style="list-style-type: none"> • Tina Fisher 	

Please note: There is no regularly scheduled Substance Abuse Coalition meeting in November and the December meeting is the second Friday of the month

Next Meeting: December 13, 2019 at 10:00AM. Location: Clark County Combined Health District, 529 East Home Road. Please use Entrance B.